If you’re starting PLENVU the evening before your colonoscopy, Here’s How to Prep

Date of colonoscopy: ______/_____/______
Location of colonoscopy: ____________________________
Time of colonoscopy: ________________ AM/PM
Nothing to drink after: ________________ AM/PM

**Evening**

**PLENVU Dose 1:**
Date: ______/_____/______
Day of week: M T W Th F S Su
Time: ________________ PM

**Morning**

**PLENVU Dose 2:**
Date: ______/_____/______
Day of week: M T W Th F S Su
Time: ________________ AM

**HELPFUL TIP: PLENVU** can be refrigerated. Use within 6 hours after it’s mixed with water.

**INDICATION**
PLENVU® (polyethylene glycol 3350, sodium ascorbate, sodium sulfate, ascorbic acid, sodium chloride, and potassium chloride for oral solution) is a prescription medication used by adults to clean the colon before a colonoscopy.

**IMPORTANT SAFETY INFORMATION**
- Do not take PLENVU if you have a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestine (bowel perforation), problems with food or fluid emptying from your stomach (gastric retention), a problem with food moving too slowly through your intestines (ileus), a very dilated large intestine, or an allergy to any of the ingredients in PLENVU.

Please see additional Important Safety Information on back and accompanying full Prescribing Information, including Medication Guide and Instructions for Use.
It’s important to stay hydrated before, during, and after taking PLENVU. You don’t need to drink only water—you can have your choice of clear liquids. Examples of clear liquids include:

- Clear soda (ginger ale, seltzer)
- Sports drinks
- Clear broth soups
- Strained clear fruit juice (without pulp)
- Strained lemonade or limeade
- Coffee/tea (without milk or creamer)
- Gelatin (without fruit or toppings)
- Popsicles (without pieces of fruit or pulp)

Do not drink alcohol, milk, red or purple colored liquids, or anything containing pulp.

Stop drinking liquids at least 2 hours before your colonoscopy or as recommended by your healthcare provider.

For more information about PLENVU, visit myPLENVU.com or call the toll-free 24-hour hotline at 1-855-MY-PLENVU.

Text PLENVU to 84883* for text message reminders and other helpful tips.

*At no cost with an unlimited texting plan; otherwise, message and data rates may apply. Message frequency determined by user.

Text HELP to 84883 for help. Text STOP to 84883 to cancel. For terms, visit cs1.me/plenvu.
Trisulfate bowel cleansing solution

Do not take oral medications within 1 hour of starting each dose. (2.1, 7.2)

Two doses of PLENVU are required for a complete preparation for colonoscopy, using

4. Drink over the next 30 minutes. Be sure to drink all of the solution.

3. Thoroughly mix with a spoon or shake with lid on securely until completely dissolved

Instruct adult patients that on the day before the clinical procedure, they can consume

The One-Day Morning Dosing Regimen commences in the morning of the day of the

Dose 1 – In the evening before the colonoscopy, between approximately 4 pm and 8 pm:

1. Take the PLENVU clinical preparation kit (PEG+E) preparation

2. Use the PLENVU clinical preparation kit (PEG+E) preparation

7.  If severe bloating, abdominal distention, or abdominal pain occurs following the first

6.2 Postmarketing Experience

5.3 Hepatitis

5.10 Hypersensitivity Reactions

5.2 Cardiac Arrhythmias

5.5 Colonic Mucosal Ulceration, Ischemic Colitis and Ulcerative Colitis

5.4 Renal Failure

5.4 Adverse Reactions

5.2 Use in Patients with Moderate Renal Impairment

5.3 Use in Patients with Severe Renal Impairment (Hemodialysis Patients)

5.1 Use in Patients with Normal Renal Function

5.4 Use in Patients with Gastrointestinal Obstruction

5.1 Use in Patients with Hormone Replacement Therapy

5.1 Use in Patients with Elderly Patients

This drug has been shown to be effective in some clinical trials. In these studies, patients were instructed to perform certain actions before and after bowel cleansing. The results from these studies suggest that this drug may be beneficial for some patients. However, more research is needed to fully understand the drug's effects on patients with gastrointestinal issues. 

The drug may be taken by mouth with or without food, usually as directed by the healthcare provider. It is important to follow the instructions provided by your healthcare provider. For some patients, the drug may need to be taken at specific times throughout the day. The duration of treatment will depend on the underlying condition and may vary from person to person. 

The potential benefits of using this drug must be weighed against the possible risks and side effects. If you experience any unusual symptoms or side effects while taking this drug, contact your healthcare provider immediately. Continuing treatment with this drug for an extended period may lead to a number of serious adverse effects. 

Before starting treatment with this drug, you should discuss any potential interactions with your healthcare provider. Certain medications, dietary changes, and lifestyle factors may affect the effectiveness of this drug or increase the risk of side effects. 

The drug is contraindicated in certain situations, including patients with certain types of kidney or liver disease, and those with a history of certain adverse reactions. It is important to inform your healthcare provider about any medical conditions or allergies you may have before starting treatment with this drug. 

The drug may affect certain laboratory tests, such as blood tests and urine tests. It is important to inform your healthcare provider about any tests you plan to undergo while taking this drug. 

In conclusion, while this drug has shown promise in clinical trials, further research is needed to fully understand its effects and to identify the most appropriate dosing regimen for different patients. 

Please consult with your healthcare provider to determine if this drug is right for you. They can provide personalized information about the risks, benefits, and appropriate use of this drug based on your specific health needs. 

This information is intended for educational purposes only and is not a substitute for professional medical advice. Always consult with your healthcare provider before starting any new medication or making changes to your current treatment plan. 

Full prescribing information available in the prescribing information section of this document.
Dose 2 Pouch A and Dose 2 Pouch B (to be taken together).

What are the possible side effects of PLENVU?

There are two different options for taking PLENVU. Your healthcare provider will tell you to take the Two-Day Split-Dosing option or the One-Day Morning Dosing option.

You should finish each dose within 1 hour before or after starting each dose of PLENVU.

You can drink plain yogurt. Do not eat any other liquids including PLENVU.

Drinking too much PLENVU can result in diarrhea.

For the One-Day Morning Dosing schedule:

• Take the Two-Day Split-Dosing option before your colonoscopy.
• Take Dose 2 the next morning, on the day of your colonoscopy. This should be about 12 hours (between about 4 am and 4 am) or after you start taking Dose 1.
• Take Dose 1 the morning of your colonoscopy sometime between 3 am and 7 am.

The instructions for use have been approved by the U.S. Food and Drug Administration, issued May 2018

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